

BIO DATA

Dr. Amrinder Singh

B.P.T , M.P.T (Sports), Ph.D

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I completed my Ph.D. in Sports Medicine in 2015 and Masters in Sports Physiotherapy from the Department of Sports Medicine and Physiotherapy, Guru Nanak Dev University, Amritsar, Punjab in 2010 and did my Bachelor degree from Khalsa College Amritsar in 2007. I also have a Certification of FIFA Diploma in Football Medicine.

My research interests include Sports Rehabilitation and Application of Physical Activity in Lifestyle Disorders. Projects undertaken by me include UGC Minor Project(2013) entitled “Evaluation of the Prevalence of Type 2 Diabetes Mellitus, Hypertension and Metabolic Syndrome and awareness of its Risk Factors in the Urban Punjabi Sikh population” & University with Potential for Excellence(2012)scheme project under the holistic area Health Care , Drug Development and Sports Medicine. My future research interests includes human performance analysis and its application in injury prevention.

My academic experience includes serving as an assistant professor since 2010 which includes taking masters and bachelor course classes and guiding them in their practical and project work. Till date I have guided 40 Masters Students & 2 Ph.D. scholars. I have been an examiner in 7 Indian Universities. I have had opportunities of being in selection committees, academic bodies, coordinator for nodal centers, examination observer and also designing of undergraduate and postgraduate course curriculums.

Being in academic work field I have always kept a watch on newer developments and hence till date for my professional upliftment I have attended 26 professional workshops. I have till now attended 31 conferences (07 International) & have been a paper presenter/resource person on 15 occasions. Presently I have 34 paper publications with 102 citation score, h-index as 5 & i10 index as 2. I have professional memberships of Indian Association of Sports Medicine and European College of Sport Sciences. I am also a peer reviewer to journals. I have also been Liaison Commission Member of the Indian Association of Sports Medicine.

Being a sports physiotherapist I got the utmost privilege of being part of XIX Commonwealth Games held in Delhi in 2010 & 57thAll India Police Games 2008 held at PAP Campus, Jalandhar.

My hobbies include cycling and travelling places around the world.